

COPING TOGETHER, SIDE BY SIDE



Enriching
MOTHER-DAUGHTER COMMUNICATION
Across the Breast Cancer Journey

Carla L. Fisher, Ph.D.

BREAST CANCER ...

A MOTHER-DAUGHTER JOURNEY

Carla L. Fisher, PhD is a behavioral scientist with University of Florida's Cancer Center, Center for Arts in Medicine, and College of Journalism & Communications. She wrote the first translational, evidence-based book to demonstrate the importance of mother-daughter communication when women navigate breast cancer. Her book provides narrative-based behavioral models for mothers and daughters to learn healthy communication practice that is tailored based on age and generational differences. This book brings to the forefront the importance of family-centered cancer care and serves as a model of mixed-method, theoretically informed research for scientists and graduate students.

*Fisher presents convincing evidence to support the efficacy and importance of family inclusion in oncology care. Her work serves as a call to action for clinicians. ... Fisher's vision lends hope in the face of great struggle and wisdom in the face of great complexity. I highly recommend this book, especially for mothers and daughters, because it serves as a compass to navigate the oft-tumultuous waters of breast cancer ... [and] functions well as an informative guide for health care professionals looking for a better understanding of this fluid and dynamic relationship. This book works as a great educational tool for spreading awareness and offers a unique vision, deepening the existing literature on breast cancer. Just as moving as it is informative, **Coping Together, Side by Side** stands apart while bringing families together.*

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“She was by my side.
My mother was by my
side. She took a very
big part of being my
partner. She set the
standard for
everyone else.”

“Her pain was my
pain.”

“My mom says
'I didn't go through
this. *We* did.'
It's like *our* thing.”

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